



COBBLE HILL LIFECARE™

# Cobble Hill

health center



# **Cobble Hill Health Center's Rehabilitation Institute: Restoring Patients to Health after Illness, Injury, Trauma, or Surgery.**

## **FAST, SUCCESSFUL OUTCOMES**

Your care plan is designed after we consult with you and your family and includes a discharge plan. Your customized and well-coordinated plan will keep one ultimate goal in mind... getting you the best health outcome as quickly as we can and helping you get your life back. Rehabilitation plans include psychological support and education for you and your family.

## **ON TRACK TO GET BACK HOME**

We set realistic discharge target dates upon your admission, that serve as motivation for restoring your health and getting your life back.

## **WE DON'T LEAVE YOU WHEN YOU LEAVE US!**

As your discharge date approaches, we assess and address issues like home-care and social worker follow-up. We arrange all needed adaptive devices like walkers, commodes, wheelchairs, or canes. You'll have a plan in place to help you avoid setbacks once you return home.



Getting you  
back to where  
you belong...  
home.



## Brand new short-term facility

We've completely renovated our short-term floors. The gracious décor and hotel-like amenities make your stay comfortable and enjoyable and our wi-fi, iPads and computer room give you the ability to stay in touch with business associates, family and friends.

## We never lose sight of what is really important— you.

While we are proud of our new facility and amenities, at Cobble Hill Health Center we know the priority is always getting you fully functional fast. So we design our programs around you as a patient and as a person. We build our services around your life and who you were before you came to Cobble Hill Health Center. Our short-term outcomes are consistently well above average, as we maximize your ability to remain independent.

## You're in great hands.

Our award-winning programs have been recognized by healthcare experts and have made us leaders in our field... it all starts with our innovative, patient-centered approach.





## Admission is easy...

...even on nights and weekends!  
Our streamlined admissions process guarantees that you can be comfortably settled in your room within hours of referral. We want you to stay focused on getting well.

# We're experts in the areas you need.

## OUR INTERDISCIPLINARY TEAM

- Registered Nurses
- Medical Specialists
- Physical and Occupational Therapists
- Physiatrists
- Acupuncturists
- Speech & Language Pathologists
- Pain Management Team
- Social Workers
- Dieticians
- Recreational Therapists
- Massage Therapists

## CONDITIONS WE TREAT

- Neurological and Orthopedic Conditions
- Knee and Hip Replacement
- Stroke/CVA
- Post Cardiac
- Fractures
- Amputation
- Trauma
- Aphasia
- Dysphasia
- Spinal Cord Injuries
- Burns
- Parkinson's Disease
- Multiple Sclerosis
- General Deconditioning
- Post Surgery



# A full complement of services.

- Rehabilitation Gym
- Physical, Occupational & Speech Therapies
- Whirlpool Baths, Cybex Columns and Kinetrons
- Fully Equipped Apartment for Daily Living Training
- Pain Management
- I.V. Antibiotics
- Wound Care
- Restorative Nursing Programs
- Artificial Nutrition and Hydration
- Tracheostomy Care
- Vascular Care
- Neurological Care
- Dental Care
- Ophthalmology/Optometry
- Podiatry
- Ear, Nose, and Throat
- Dialysis
- Aromatherapy
  - Acupuncture
  - Massage Therapy
  - Holistic Medicine



## Paying for your stay

Your experienced financial coordinator will help you navigate the paperwork for HMO's, Medicaid, Medicare and other insurance plans.



**Cobble Hill LifeCare™** is a health care system providing services to benefit older adults, the chronically ill, and those disabled or debilitated from disease or a hospital stay. **Cobble Hill LifeCare™** represents a complete circle of care for people living in New York, that fosters better health and quality of life.

**Cobble Hill LifeCare™ Comprises:**

**Cobble Hill Health Center**

Center for Rehabilitation and Nursing

**Your Choice Home Care**

Licensed Home Health Care Services

**Cobble Hill LifeCare Plus**

Medicaid Managed Long Term Care Program  
delivered in partnership with Aetna Better Health

**Jacquelyn Hernandez Adult Day Health Center**

Adult Day Care  
822 Lexington Ave. Brooklyn, NY



COBBLE HILL LIFECARE™

**Cobble Hill**  
health center

380 Henry Street Brooklyn, NY 11201

718-855-6789 #110

**CobbleHill.org**

**Toll Free: 855-LIFE-855**  
(5433)