



COBBLE HILL LIFECARE™

# Cobble Hill

health center





**Cobble Hill LifeCare™** is a health care system providing services to benefit older adults, the chronically ill, and those who are disabled or debilitated from disease or a hospital stay. **Cobble Hill LifeCare™** represents a complete circle of care for people living in New York, that fosters better health and quality of life.



**Cobble Hill LifeCare™** comprises: **Cobble Hill Health Center**, **Your Choice Home Care**, **Licensed Home Health Care Services**, **Jacquelyn Hernandez Adult Day Health Center** and **Cobble Hill LifeCare Plus**, our medicaid managed long term care program delivered in partnership with Aetna Better Health.

# Everything you want a home to be... bright, caring, safe.

**Cobble Hill Health Center combines the highest standards of care and professionalism with a warm atmosphere. You will feel at home.**

There comes a time when living in your own home may no longer be the safest and best option. When that happens we invite you to take a closer look at Cobble Hill Health Center. During our many years of serving the Brooklyn community, we've become much more than a skilled care facility... we're a place you can truly call home.

As Brooklyn's most innovative and progressive nursing and rehabilitation center, we've earned a reputation as a leader in person-centered care. You will be reassured to know we can deliver medical, nursing, and rehabilitative care with compassion and an "at home" feeling built around you or your loved one. There is no one-size-fits-all care at Cobble Hill Health Center. We look at each patient as an individual with his or her own unique needs.

**We offer a wide range of services.**







# We're all about care.

**The courteous and streamlined admissions process at Cobble Hill Health Center guarantees that within hours of referral, you can be resting comfortably in your room.**

With our full-time nurses on duty for evaluation and our experienced financial coordinators familiar with Medicaid, Medicare and large HMO's, you can be admitted to Cobble Hill Health Center quickly and efficiently, even on weekends and evenings. Medicaid applications can be completed and transferred back to community Medicaid upon discharge.

**Our nurses and medical staff strive to achieve the highest clinical standards and are sensitive to your cultural needs. Many of our staff come from your own community. They are compassionate, understanding and will make you feel at home.**

Cobble Hill Health Center's sub-acute unit is the bridge to better health. Our goal is to restore your independence and help you return to community living. Skilled medical, nursing and rehabilitation staff work hand-in-hand to make it happen.

- Pain Management
- I.V. Antibiotics
- Hemo-Dialysis / Peritoneal Dialysis
- Wound Care
- Restorative Nursing Programs
- Artificial Nutrition
- Vascular Care
- Respiratory Care
- Hydration
- Tracheostomy Care
- Neurological Care
- Cardiac Care
- Diabetes Management







# Cobble Hill's Rehabilitation Institute

**Getting back to your own home is the best option and our Rehabilitation Institute helps you do just that.**

- The latest therapeutic techniques and equipment help you improve and reach your highest level of function
- Rehabilitation therapy available 7 days a week up to 3 hours a day
- An interdisciplinary team creates the best possible health plan for you
- Leaders in medicine, nursing and rehabilitation are trained in the highest standards of care
- On-site specialists
- Hotel-like accommodations and rooms
- Enjoyable and satisfying meals to meet your dietary needs and ethnic preferences
- Wi-Fi and Skype
- Aromatherapy    ● Acupuncture    ● Massage Therapy
- Holistic Medicine

Our focus is to create a comfortable, caring and supportive environment. At Cobble Hill Health Center you will find hotel-like amenities, the latest technology and state of the art programs that will increase your comfort level. You will recuperate and become rejuvenated after accident, surgery or illness.







# Your home, your culture.

**We've created our own little neighborhood. Come for a visit and you'll see how you can fit right in. Our staff comes from the communities we serve. They understand your culture and observe many of your traditions.**

- Programs and activities that reflect your heritage
- Ethnic cuisine and a range of meal choices
- Commitment to meaningful religious rituals and devotions
- Celebration of holidays and occasions in a way that makes you feel at home

## OUR RECREATION STAFF FOCUSES ON THE POSITIVE

Listen to a local musician performing in our bright and cheerful recreation room. Hit a home run on our Wii. Groove to the customized music on your personal iPod. Check your email on the computer. Watch a movie on your iPad.

You will be engaged, interested, and socially stimulated at Cobble Hill Health Center. Recreational programming is designed for people of all ages, interests, and capabilities.

## OUTSTANDING AND DEDICATED VOLUNTEERS

Our volunteer program is recognized as among the best in the city, with people of all ages and from all walks of life providing assistance. This lends a unique sense of mission and joy to our activities and makes us a vital part of the community.





# You'll enjoy your stay.

**Cobble Hill Health Center offers a comfortable environment that makes you feel relaxed, happy and at home.**

- Newly renovated rooms
- Spacious family-time and activity lounges
- Flat screen TV and upscale furnishings
- Library of books, music and movies
- Wi-Fi and Skype
- Hair salon

**We set ourselves apart with our cuisine.**

- We honor personal food preferences
- Our registered dietitian will customize your meals to meet your nutritional needs
- State-of-the-art delivery system ensures that meals arrive piping hot







# Services we offer and conditions we treat:

## SERVICES WE OFFER

- Rehabilitation Gym
- Physical, Occupational and Speech Therapies
- Whirlpool Baths
- Cybex Columns
- Kinetrons
- Fully Equipped Apartment for Daily Living Training
- Pain Management
- I.V. Antibiotics
- Hemo-Dialysis/ Peritoneal Dialysis
- Wound Care
- Restorative Nursing Programs
- Artificial Nutrition
- Hydration
- Tracheostomy Care
- Vascular Care
- Neurological Care
- Dental Care
- Ophthalmology/Optometry
- Podiatry
- Ear, Nose, and Throat
- Dementia / Behavior Management

## CONDITIONS WE TREAT

- Stroke/CVA
- Post Cardiac Events
- Fractures
- Amputation
- Knee or Hip Replacement
- Trauma
- Spinal Cord Injuries
- Aphasia
- Dysphasia
- Burns





#### DIRECTIONS

Cobble Hill Health Center at 380 Henry Street in Brooklyn, is located just over the Brooklyn Bridge in the historic Cobble Hill district. We are easily accessible via public transportation and by car.

#### INSURANCE INFORMATION

Our Admissions office can help you explore your options for covering the cost of your healthcare, through Medicare, Medicaid, HMO's or private insurance. Contact us today.

**718-855-6789 #110**



COBBLE HILL LIFECARE™

## **Cobble Hill** health center

380 Henry Street Brooklyn, NY 11201

ADMISSIONS: 718-855-6789 #110

[CobbleHillLifeCare.org](http://CobbleHillLifeCare.org)

**Toll Free: 855-LIFE-855**  
(5433)

Cobble Hill Health Center, a participant in the Medicaid and Medicare programs, does not discriminate in its policies regarding admissions, employment or the provision of services because of race, creed, color, national origin, ancestry, handicap, source of payment, religion, sex, marital status, sexual orientation, genetic predisposition or carrier status or any protected classifications under local, state and federal laws.